Cheryl Rawinski, RN Public Health Nurse



Sutton Town Hall 4 Uxbridge Road Sutton, Massachusetts 01590 (508) 865-8724 FAX: (508) 865-8721

Town of Sutton Board of Health

February 28, 2020

Town of Sutton Residents:

The Coronavirus is a growing concern for the world and the Town of Sutton is no exception. At this time, we ask that you participate in the following recommendations to do your part in staying healthy and keeping others healthy as well:

- 1. Follow the same protocol as for the flu.
- 2. If anyone has flu-like symptoms, stay home.
- 3. Under no circumstances should you medicate a child and send them to school; they need to stay home and be fever free for 24 hours.
- 4. Practice good hand washing.
- 5. Cover your mouth when you cough or sneeze. Use a tissue or your inner elbow, not your hands.
- 6. Avoid touching eyes, nose and mouth with unwashed hands.
- 7. Get a seasonal flu immunization.

The Board of Health participates in ongoing drills for pandemic preparedness and, if need be, we are ready to respond.

There is no need to panic at this time and the best thing we can do as a community is to follow normal flu precautions listed above.

We will keep everyone updated as more information becomes available.

Should you have any questions or concerns, please contact Cheryl Rawinski, RN, Public Health Nurse, Town of Sutton at (508) 865-8724.