



**Town of Sutton
Code Red Call
Wednesday, August 21, 2024, 6PM**

Hello. This is Pam Nichols, Communications Director for the Town of Sutton, calling with an important message.

The Massachusetts Department of Public Health announced the first human case of Eastern Equine Encephalitis (EEE) in Worcester County. As a result, the Towns of Douglas, Oxford, Sutton, and Webster are now at Critical Risk for EEE.

EEE is a rare but serious illness that can cause severe neurological complications. Symptoms include high fever, stiff neck, headache, and fatigue.

The Health Department urges residents to take the following precautions:

- **Apply Insect Repellent:** use a repellent with an EPA-registered ingredient, such as DEET and follow all instructions.
- **Avoid Peak Mosquito Hours** from dusk to dawn. It's recommended to finish outdoor activities before 6PM through September 30th, and before 5PM after October 1st until the first hard frost.
- **Wear Protective Clothing:** long sleeves, long pants, and socks when outdoors.
- **Mosquito Proof Your Home:** install or repair window screens and drain or discard items that collect water, such as buckets, tires, flowerpots, and birdbaths.

For more information visit www.suttonma.org and see Town News.

Thank you and please stay safe.

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